

Addiction is a chronic, relapsing disease, characterized by compulsive drug seeking and use, and by neurochemical and molecular changes in the brain. It can happen to anyone, at any time. It strikes male or female, young or old, rich or poor. It is an equal opportunity disease.

**Get back on your feet!
Call us. We can help.
(443) 523-1780**

CONFIDENTIALITY STATEMENT

Somerset County Behavioral Health respects the privacy of the people it serves. As professionals, we protect the confidentiality of all information gathered in the course of treatment as required by state and federal law and the ethical codes of professional associations. These laws and codes describe how information is protected and the circumstances of its disclosure. Our staff is willing to discuss this with you at any time.



SOMERSET COUNTY BEHAVIORAL HEALTH

An addiction treatment program

is a division of the

Somerset County Health Department

7920 Crisfield Highway
Westover, MD
(443) 523-1700

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HEALTH OFFICER**

The Maryland Department of Health and Mental Hygiene (DHMH), the facilities it operates, and the services it provides do not discriminate on the basis of race, color, sex, age, national origin, religion, or disability in matters of employment or access to its programs. The Department, in compliance with the American with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and receive DHMH services, programs, benefits and employment opportunities.

Treatment for Opiate Addiction (heroin and pain pills) with Suboxone

is available at

SOMERSET COUNTY BEHAVIORAL HEALTH



**11674 Somerset Avenue
Princess Anne, MD 21853
(443) 523-1780**

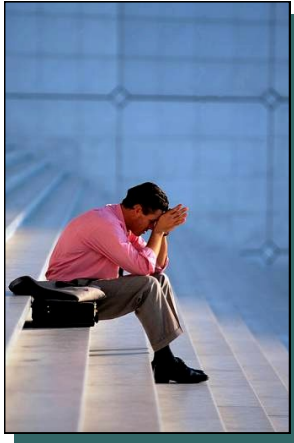
An addiction treatment program

Serving the community for over 45 years

**THIS IS
IMPORTANT INFORMATION**

**IF YOU OR SOMEONE YOU KNOW IS
USING HEROIN OR
ABUSING PAIN MEDICATION**

Heroin abusers gradually spend more and more time and energy obtaining and using the drug. Once they are addicted, the heroin abusers' primary purpose in life becomes seeking and using drugs. The drugs literally change their brains and their behavior. Heroin is usually injected, sniffed/ snorted, or smoked. Using heroin can cause many health problems. When injected, people risk Hepatitis B & C and HIV/ AIDS. As the purity of heroin increases, it can be sniffed or smoked. Many mistakenly believe this makes heroin safe to use.



Prescription drug abuse has nearly **doubled in 13 years** from **7.8 million** to **15.1 million** abusers. Opioid medications are prescribed for their pain relieving qualities. Also referred to as

prescription narcotics, these include Oxycontin, Percocet, Percodan, Morphine, Tylox, and others. Taken as directed, opioids can be used to safely and effectively manage pain. However, when taken in high doses or with other substances like alcohol and illicit drugs, these medications could be deadly.

Withdrawal is the discomfort people feel when they stop using opioids. Withdrawal is:

- Intensely uncomfortable
 - Restlessness
 - Muscle and bone pain
 - Insomnia
 - Nausea and diarrhea
 - Cold flashes with goose bumps ("cold turkey")
 - Anxiety and irritability
- People often use opioids again to stop the discomfort of withdrawal.

Suboxone

Craving and relapse

can occur weeks and months after withdrawal symptoms are long gone. When taken daily as prescribed, Suboxone:

- Blocks the action of opiates in the brain
- Provides freedom from the discomfort of withdrawal
- Makes triggers to relapse more manageable.



Suboxone treatment at Somerset County Behavioral Health consists of

- Weekly group sessions
- Weekly individual sessions
- And Doctor's visits for Suboxone.

If you are a resident of Somerset County and want more information about the treatment of opioid dependence with Suboxone,

Call us today at

(443) 523-1780

We will be glad to answer your questions about this or any of our other addiction treatment programs.

ADDICTION IS AN EQUAL OPPORTUNITY DISEASE